

# CHARGING INTO THE FUTURE AT BEXLEYHEATH

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## Message from

Dear colleague,

**I am writing my latest column in the immediate aftermath of the State Funeral and I will take this opportunity to thank you for once again serving the capital with distinction in challenging circumstances. London was a focus for the world and a significant number of people relied on us to safely get them around the city. It is fitting that we honoured Her Majesty with the kind of dedicated service that she displayed throughout her reign.**

Closer to home, you are no doubt aware that the Kinetic/Globalvia joint venture to acquire the Go-Ahead Group is nearing completion. As I said in the last edition of Bus Talk, change can be unsettling, but please be assured that our new owners are here for the long-term and have publicly stated their commitment to Zero-Emission (ZE) public transport, which we excel at. The future remains an optimistic one, more so in the light of Transport for London's (TfL) recent funding deal.

Regrettably, you will also know that we have been the subject of a cyberattack, which has severely affected the company's ability to pay and allocate people. Please accept my apologies for the inevitable inconvenience and distress caused as a result. This is an extremely serious matter and one that we are committed to learn from. Exhaustive efforts are in place to remedy the attack and I ask that you look out for communications on this topic. In the meantime, thank you for working with the company.

# John Trayner

## MANAGING DIRECTOR

On a more positive note, the ZE expertise I referred to earlier can now be experienced on Bexleyheath's Route 132, where the service exclusively operates with double-deck e-buses. In another first for Go-Ahead London, the 132 vehicles extend their range via the use of an innovative, practical and cost-effective garage-based pantograph docking station, that 'tops up' power for those vehicles/duties that require it. This clever solution has never previously been achieved for double-deck operation in the UK and it is a credit to all involved that it has been smoothly introduced.

TfL's financial settlement is welcome for a variety of reasons, not least of which being the fact that it allows us, and the wider industry, especially our supply chain partners, to plan with greater certainty. As a result, latest generation ZE buses are currently on order for Orpington and Sutton, while recent tender successes will result in 60 state-of-the-art electric vehicles for Routes 40, 213/N213, 265 and 366 during 2023.

Staying with TfL, their consultation on proposed bus network changes closed last month and we formally responded to it with a series of alternative ideas, based on retaining existing levels of service. Unsurprisingly, TfL's plan has attracted a lot of interest, much of it critical and they are in the difficult position of having to balance many competing demands.

As the paragraph preceding this one demonstrates, good news exists, but we must never lose sight of the fact we are required to deliver when entrusted with work.

I end with a personal message. I announced a few days ago that I will relinquish day to day responsibility of the London business on 31 December 2022. In doing so I will safely 'pass the baton' to David Cutts, who will be supported by the established director team of Richard Harrington and John Slattery. David's promotion is deserved and I have every confidence the company will grow under his stewardship. It has been my immense privilege to lead London's most successful bus company, but it is not a complete good-bye. I have agreed to retain my position on the Go-Ahead Group's Executive Committee, which oversees

important strategic decisions across the entire company. As a result, the Regulated Bus Division, currently comprising London, Ireland, Singapore and Sweden, will continue to report to me. There is also much to achieve over the coming months and into 2023. I have had the good fortune to meet, and work with, many genuinely dedicated people at Go-Ahead London and the company is fortunate to have them at their disposal.

Thank you again for making a difference and I hope you enjoy reading this latest edition of Bus Talk.



I feel very pleased to have made it into the finals and I look forward to representing Orpington Garage.

1

Barry Thorne  
Orpington Garage

Having been a driver for the past 17 years, I wanted to showcase my skills and was thoroughly pleased to have made it into the finals. I am most looking forward to meeting other like-minded people from across other bus operators.

2

Joseph Jay  
Croydon Garage

Since joining the Apprenticeship programme, I have always enjoyed a challenge. I did not know much about the competition prior to entering, but I enjoyed taking part in the knockout competition and I am pleased to have made it to the finals.

3

Gary Greenwood  
Croydon Garage

Back in July the local competition for UK Bus Driver of the Year took place at Orpington Garage. Colleagues from across the business were tested on their driving skills and knowledge on the day, under the expert eyes of our driving instructors.

The top three from the competition will represent Go-Ahead London at the UK Bus Driver of the Year Competition, which takes place in Blackpool in early October.

The competition winners will be joined at the UK finals by Alessandro Didone (Sutton Garage), Stephen Appiah (Merton Garage) and Raj Viswanathan (Croydon Garage).

Congratulations to our local competition winners and good luck to all representing Go-Ahead London at the UK finals!

Go Ahead-London

BEING CAN-DO

# Bus Driver OF THE YEAR



GO-AHEAD LONDON'S BUS DRIVER OF THE YEAR 2022 FINALISTS. **LEFT**, GARY GREENWOOD, **CENTRE**, BARRY THORNE AND **RIGHT**, JOSEPH JAY.

GARY GREENWOOD  
DRIVER

JOSEPH JAY  
DRIVER

BARY THORNE  
DRIVER

# LONDON BUS AWARDS

**Congratulations to the three Go-Ahead London colleagues who were shortlisted for the TfL London Bus Awards, which were held on 14 July in Stratford. The awards acknowledged the dedication of those working in the capital's bus sector and recognised their achievements.**

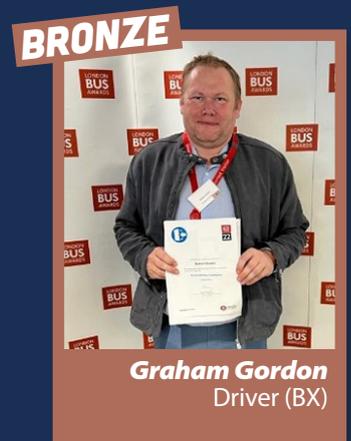
Katarzyna Bilinska, Accident Prevention Supervisor at Merton Garage, received a Silver Bus Operator Hero Award for her efforts in supporting colleagues throughout the pandemic and for her charity fundraising initiatives.

Emma Tooze, Operating Manager at Camberwell Garage, picked up a Bronze Garage Hero Award for her swift action and heroism when she saved the life of a fellow colleague.

Graham Gordon, driver at Bexleyheath Garage, received

a Bronze Accessibility Champion Award for his efforts and quick thinking when he assisted and supported a vulnerable passenger in difficulty.

Well done to Katarzyna, Emma and Graham for showcasing the very best of our industry.



# IMBERBUS 2022

**G**o-Ahead London took part in the annual Imberbus event on 20 August, which saw visitors transported across the Salisbury Plain from Warminster to the lost village of Imber, in a range of vintage and modern buses.

The gathering saw colleagues from across Go-Ahead Group coming together to supply vehicles and volunteers for the occasion.



Underlying the importance of sustainable transport, this year's Imberbus welcomed the first ever zero-emission electric vehicle, with Go-Ahead London bringing along EP1 (from Bexleyheath's Route 132), with the bus being described as 'the star of the show'.

Kristian Lake, Schedules Compiler, said, "It was a fantastic event, and it was great to see so many people and vehicles from across the bus industry. The addition of the first electric bus was real feature of the event and it was especially well-received by visitors."

“ Thank you to colleagues across the business for their help and assistance, without whom we couldn't have done it. We are already looking forward to Imberbus 2023! ”

DAVID WARRAN  
iBUS CONTROLLER



# TOGETHER AS ONE

## Stockwell Garage Open Day cheque presentation

**B**ack in June 2022, we held a highly successful Open Day at Stockwell to celebrate the Grade II\* garage's 70th anniversary and raise money for two local charities. The event saw over 3,000 visitors attend and we raised an incredible £5,137 in total for Stockwell Park Estate Community Trust and Housing for Women.

On 20 July John Trayner, Go-Ahead London Managing Director, visited Stockwell Garage to meet representatives from the two charities, hear about their work in the community and present them with a cheque celebrating the money raised.

Go-Ahead London is committed to supporting local communities and the donation, of £2,568.50 to each charity, will provide them with welcome funds to continue their excellent work.

Julie Fawcett, CEO of Stockwell Park Estate Community Trust, said "We had a fantastic time at the open day, meeting so many wonderful people under Stockwell's historic roof. The donation is gratefully received and will be invested in supporting the young people from Stockwell Park Estate."

Stockwell Park Estate Community Trust offers a range of community programmes, events and facilities in support of young people and vulnerable groups.

Leanne Werner, Trusts and Grants Officer from Housing for Women, said "We were excited and honoured to be part of Stockwell Bus Garage's 70th anniversary celebrations and we are very grateful for the donation. The funds will go towards our mission to empower women through



CHARITY CHEQUE PRESENTATION WITH JOHN TRAYNER, MANAGING DIRECTOR



# Stockwell Open House

providing good homes and services, and challenging inequalities they face.”

For over 40 years, Housing for Women has been supporting vulnerable women and children in London, empowering them to overcome trauma, rebuild their lives and regain their independence.

Go Ahead-London

OPEN AND APPROACHABLE

**Stockwell Garage once again welcomed members of public to take part in guided tours on Sunday 18 September, as part of the prestigious Open House Festival. The event is a two-week celebration of London’s housing, architecture, and neighbourhoods across all 33 boroughs.**

Over 100 visitors were given an in-depth tour of the historic Grade II\* listed garage, by Kyle Simmons, Assistant Operating Manager, and Sylvia Spencer, mentor, with assistance from driving colleague Toufic Kataa. The tour covered the building’s history and the garage’s continued role serving the local community. The visit ended on the top deck of an open-top bus, allowing visitors to really appreciate the garage’s innovative architecture.

Reflecting on the day, Kyle Simmons said, “Stockwell Bus Garage is steeped in history. It has been here for 70 years and has such a great architectural value. To be able to share this, with the people who came to visit us was an enjoyable and rewarding experience.”



KYLE SIMMONS WITH A TOUR GROUP



SYLVIA SPENCER WITH A TOUR GROUP



# Route 664

**W**ell done to the team at Orpington Garage on the successful launch of the Route 664 on Monday 5 September. Using hybrid vehicles, the school service operates on weekdays from New Addington to the Charles Darwin School at Biggin Hill.

John McLaren, who drove the first Route 664 from the garage said, "It's great to have this route back at Orpington, and it is a pleasure to serve the community with this school service."

“ ———  
It is a pleasure to serve the community with this school service.

————— ”  
JOHN MCLAREN  
DRIVER



# Route 264

**Congratulations to the team at Croydon Garage for the successful launch of Route 264 on 27 August. The service operates between St George's Hospital, Tooting, and West Croydon, 24 hours a day.**

Darren Kelly, who joined from the previous operator, said "I received a very warm welcome from Croydon Garage. Anything I needed to know was fully explained and all my questions were answered - I am looking forward to being part of the team and Go-Ahead London."

The route is operating with Enviro400-type hybrid buses, before converting to zero-emission electric vehicles later this year, as part of our ongoing commitment to making public transport in London more sustainable.

Saf Patel, General Manager, praised everyone involved saying "Thank you to the team at Croydon across departments for all the work they have put in over the last few months to make this

launch such as success. I would also like to give a warm welcome to the new colleagues who have joined the Go-Ahead London family as a result of the route transfer."

“ ———  
**Thank you to the team at Croydon for all the work they have put in over the last few months to make this launch such as success.**

”  
**SAF PATEL**  
 GENERAL MANAGER



DRIVER **PAUL DEMARIS**, WHO JOINED GO-AHEAD LONDON WITH THE ROUTE TRANSFER.

# CHARGING INTO THE FUTURE

## Double-deck pantograph charging

**It was an exciting time at Bexleyheath in early August when the garage commenced operation of electric vehicles on Route 132, as part of a world-first for double-deck inverted pantograph charging technology.**

The BYD ADL Enviro400 zero-emission electric buses, operating between Bexleyheath and North Greenwich, are equipped with pantograph charging technology. During the stand time, at Bexleyheath Garage, specific duties receive up to ten minutes of top-up charging from the pantograph unit, as well as benefitting from overnight charging. This top-up charging maximises the vehicle's range, keeping it on the road and serving passengers for longer.

In a world first for double-deck bus charging technology, the vehicles make use of an inverted pantograph arm. This new technology means that the charging unit arm lowers from the pantograph unit onto the roof of the bus where it meets the connecting rails,

rather than the charging connection rails rising from the bus towards the charging unit. A connection is established between the rails and the charging unit utilising Bluetooth technology.

Daniel Taylor, mentor at Bexleyheath, commented how enthusiastic colleagues were about the new buses saying, "In compliance with TfL's latest standards, the new fleet of electric buses are a great addition; offering a comfortable drive with the added bonus of the camera mirror technology - they've been a huge success with the drivers."

Reflecting on the collaboration across departments that was involved in the project, Joanna Keane, General Manager, said, "Making real change in an industry with such heritage means doing so as a team. There is so much to gain from being forward thinking and embracing change, to build a sustainable future for us all. Making this project happen, whilst still running our services, took genuine teamwork and was a real achievement."

“

**We are pleased to once again be pioneering new technologies, and these zero-emission buses are another part in Go-Ahead London's commitment to sustainability and the Mayor of London's 2034 target date of carbon free bus travel.**

**RICHARD HARRINGTON**  
ENGINEERING DIRECTOR

”

**Click here to watch a video of the pantograph charger in action!**





A ROUTE 132 BUS RECEIVING A TOP-UP CHARGE FROM THE PANTOGRAPH UNIT

# A JOURNEY TO BETTER HEALTH



**Colleagues across the business started their journey to better health in early August, with the launch of health kiosks at Camberwell, New Cross, Northumberland Park, Orpington and River Road garages.**

The initiative, supported by Transport for London, gives colleagues the opportunity to measure a range of key health indicators, such as blood pressure and body fat, allowing them to take ownership of their health and wellbeing, become aware of potential health issues, encourage the

adoption of a healthier lifestyle, and measure health improvements.

The anonymous real-life data from the kiosks will be used to better understand the health of bus drivers over time and the progress they have made in becoming healthier. This will be used to inform actions and policies to further improve driver health and wellbeing.

The kiosk was enthusiastically welcomed when it launched at New Cross on 10 August:

“I am starting my journey to better health with the health kiosk.” said Adekunle Lawal, driver.

Nigel Wood, Area General Manager, who attended the launch event, said “I would encourage driving colleagues to take greater responsibility for their health and wellbeing, by using the kiosks.”

“  
**It's great that I can regularly monitor my health and wellbeing using the kiosk.**”

**ADAMA KALOKOH**  
DRIVER



COLLEAGUES AT NEW CROSS STARTING THEIR JOURNEY TO BETTER HEALTH

# “Nicest driver in the world”

Go Ahead London  
OPEN AND APPROACHABLE

## Chris Wilson's incredible 12 commendations

**It is always nice to receive positive feedback from passengers, and for Waterloo driver Chris Wilson the praise keeps coming - with an incredible 12 commendations over the past year. Chris has been praised for his communication, patience and empathy - being described by one passenger as the “Nicest driver in the world!”.**

As a regular bus user himself, Chris knows how important it is to be as approachable as possible and how vital it is for all passengers, regardless of any difficulties they may face, to feel confident about using public transport in London.

As part of this effort, Chris greets each and every passenger as they board the bus and proactively provides information about delays and diversions. For Chris, it is important that passengers receive the best possible travelling experience, rather than them just completing a journey.

Well done Chris, and keep up the excellent work!

**CHRIS WILSON**  
DRIVER

“Very polite, he took his time with everyone on and off the bus. I particularly liked the manner in which he treated the elderly and disabled. Lowering the step onto and off the bus, waiting until we are seated before taking off and using his brakes softly.”

“Utterly fantastic. He showed care and compassion to all those onboard and went out of his way to give customers a positive experience.”

# PASSENGER COMMENDATIONS

Congratulations to all our drivers who have received praise from customers. Here is a selection of those received...

**AF 337**

**ESSE OJO**

"This driver was really nice always greeted passengers and always said goodbye to them. They were very approachable, very presentable. Such a lovely spirit. Great person!"

**NX 36**

**GRIGORIOS VLACHAKIS**

"Please thank this driver for getting me to work on time. He waited for me so I could get the bus. I really appreciate when drivers go above and beyond. Thank you so much."

**PM 197**

**DANIEL OLLIVIERRE**

"This driver was so lovely and positive, so very kind. Thank you very much to the driver for their kindness."

**DS 115**

**ANDREW CLAYTON**

"After witnessing what could have been a tense confrontation with a member of the public, the driver of this bus remained very calm. I think their actions represent what every driver should strive for – thank you."

**RA 521**

**CHRIS WILSON**

"I was on the 521 bus heading towards London Bridge and there was a diversion around Cannon Street. The driver provided really great communication about the diversion and made it very clear what was happening and what our options were for getting off along the alternate route."

**MB 227**

**LYNN SHORT**

"Very nice and smiley driver. Smooth and pleasant journey. The driver was taking her time and didn't rush. She waited for her passengers to sit or take a place in the bus like myself. Thank you."

**AL 280**

**PRINCESS O'SULLIVAN**

"This lady was so lovely, she acknowledged and thanked every single person that got on. There was an elderly customer, she waited and looked back to make sure that he was seated, and he was ok before she drove off. Really refreshing to see."



*Thank you!*

**DS** HENLEY ROAD

**Q** CAMBERWELL

**MG** MORDEN WHARF

**MB** ORPINGTON

**A**

**SW** STOCKWELL

**PL** WATERSIDEWAY

**RR** RIVER ROAD

**NX** NEW CROSS

ABU SARWAR

**BX** 51

"I was doing a practice school run with my dad and the bus driver was very polite - it was a very nice journey."

NIALL MURRAY

**A** 213

"Lovely member of staff. Friendly and understanding towards passenger needs."

KRYSTIAN KOWALCZYK

**MG** 469

"Excellent customer service for a wheelchair user when the ramp didn't work."

SHABIER ABOOBAKER

**NP** 67

"I would like to say thank you to this driver for asking me if I wanted to get on his bus, that I was about to miss from right across the road and waiting for me to cross, so I didn't have to wait for the next one. Made my evening!"

SHERIFF OLADIPUPO

**C** 127

"An absolute legend of a driver, very patient with all passengers and was very nice and waited for me as I was running with my bag. Their actions made me really happy."

PRINCE OKORIE

**Q** 12

"The driver of this bus kindly waited a few minutes for my cab to arrive, when I had just disembarked his bus at the last stop. It was around 3am, very quiet and I felt slightly worried. I felt much safer knowing there was someone watching out for me. Please pass my thanks onto him!"

MICHEL GOMES

**SW** 88

"Excellent customer service and driving. Very knowledgeable and helpful in explaining how the Oyster card works and why my payment card wasn't working, even though there is money on the account. I left feeling good after speaking to him. Tell him I said thanks again."

FARIDA NAGGAYI-SHOMEFUN

**RR** EL1

"When boarding an EL1 bus, at the door, the shopping bag in my hand was suddenly torn. The bus driver quickly gave me an empty bag, which was really helpful. She was so kind. I really appreciated her support."

FLORIN PADURET

**SI** 276

"This driver, I feel, was very good. It was a very smooth drive, he really knew how to handle the bus so that it did not jerk, despite the traffic conditions. He communicated well with everyone, from students to older people. Thank you!"



SUTTON

**RA** WATERLOO

**BX** BEXLEYHEATH

**PM** PECKHAM

**C** CROYDON

**SI** SILVERTOWN

**AF** PUTNEY

**AL** MERTON

**NP** NORTHUMBERLAND PARK

# Seasonal Survey

You said, we did.

Thank you to the over 3,000 colleagues who took the time to complete the survey earlier this year and gave their feedback on working for Go-Ahead London.



### Head Office

**You said** - We would like Communications to be shared with more people.

**We did** - We are using a wide variety of communications channels, and are ensuring that all the appropriate groups are receiving information in a timely way.

### River Road

**You said** - We want more trust between driver and engineering colleagues.

**We did** - We are holding garage open forums to include engineering colleagues, and raising awareness on good quality inspections and reporting procedures.

### iBus (West)

**You said** - We want more interaction between departments.

**We did** - We are inviting SGAs and drivers to spend time in iBus hubs to observe how the performance team works.

### Merton and Plough Lane

**You said** - We would like more recognition.

**We did** - We are introducing the "Wall of Fame" and "Driver of the Month" to increase recognition.

### Training Academy

**You said** - We would like to know more about how we are doing.

**We did** - We have set up regular team meetings and performance reviews to give feedback to colleagues.



# Refer a friend

to Go-Ahead London as a bus driver and join colleagues across the business who are earning

a bonus of up to **£600\***

Visit The Hub page for more details and get referring, to get rewarded!

[Click here to visit The Hub page](#)

\*terms and conditions apply



GARY WEBB BEING PRESENTED WITH THE FIRST INSTALLMENT OF HIS REFER A FRIEND BONUS BY NIGEL WOOD, AREA GENERAL MANAGER



DONNA PRYCE BEING PRESENTED WITH THE FIRST INSTALLMENT OF HER REFER A FRIEND BONUS BY NIGEL WOOD, AREA GENERAL MANAGER



# S U P E R M C C A N N

NEW CROSS DRIVER **ANDREW MCCANN SAVES A LIFE**

**You never know when skills and experience from a previous career might be called upon. For New Cross driver, and ex-paramedic, Andrew McCann this was just the case in late June when he saved the life of a member of the public.**

Andrew was serving a bus stop in Peckham, on Route 343, when he was alerted to an incident away from the bus by a member of the public. The young person required urgent assistance for her brother, who had sustained serious injuries nearby. Without hesitation, Andrew instantly drew upon his many years of previous experience as a London paramedic and attended to the young man who, by this time, was semi-conscious. In addition to attending to the young man's injuries, Andrew



**ANDREW MCCANN**  
DRIVER

reassured him and kept him as calm and stable as possible while emergency services arrived. When the police and ambulance personnel arrived, they commented what a fortunate coincidence it was that the young lady had come to Andrew's bus for assistance and that Andrew's actions, had, without doubt saved the life of the young man.

The young person, who had initially come to Andrew for assistance, contacted

New Cross Garage after the incident to thank him for his astonishing efforts and to say that her brother was making a recovery.

Graham Johnson, New Cross General Manager, commended Andrew saying; "We always say our colleagues often go above and beyond but this is really taking it a giant step further and we are very proud of Andrew."



# Welcome TO THE TEAM

**W**elcome to Ibtisam Abdulla, who joined Go-Ahead London's operating graduate scheme in July. Bus Talk met with Ibtisam, during her current placement at the Recruitment and Training Academy, to see how things were going so far.



**IBTISAM ABDULLA**  
GRADUATE

## How have you found working at the Academy?

I have really enjoyed my time so far; the team really do make a difference in how the Academy operates. I have found the process of recruiting easy to understand and have gained a real insight into the broad range of people applying to become bus drivers.

## What are your interests outside of work?

Watching movies and sports; along with playing some football when I get the chance.

## How can the company attract more people to join the business?

To appeal particularly to a younger audience, I think that going into colleges and schools is the best way to really sell the apprenticeship scheme and the wide range of career prospects on offer at Go-Ahead London.

## What attracted you to join the graduate scheme?

Go-Ahead London is a highly-respected company, and I was really drawn to the opportunities that were on offer as part of the two-year programme.

## What are you most looking forward to as part of the scheme?

I am most looking forward to getting behind the wheel of a bus - it sounds really exciting! I also am looking forward to some project work too.





**BEN EVANS**  
SENIOR BODYWORK TECHNICIAN

**ARNOLD DURAN CUADROS**  
SENIOR VEHICLE ENGINEER

**ALEX COOMBS**  
SENIOR LEAD ENGINEER

# Stars of the show

## WELL DONE!

**Congratulations to the three Go-Ahead London engineering colleagues who received an individual award at the Institute of Road Transport Engineers Skills Challenge in early September. The competition itself, which was held earlier this year, saw engineers from across the UK competing in a series of bodywork, electrical and mechanical challenges.**

Ben Evans, Senior Bodywork Technician at the New Cross Accident Repair Centre, received the Best Bodywork Technician award.

Arnold Duran Cuadros, Senior Vehicle Engineer at Stockwell Garage, received the Best Mechanical and Electrical Apprentice award.

Alex Coombs, Senior Lead Engineer based at Head Office, received the Best DVSA Inspection Technician award.

“  
**I am delighted to offer my personal congratulations to the individuals concerned and the wider engineering department. All should be very proud of this achievement.**

**RICHARD HARRINGTON**  
ENGINEERING DIRECTOR

”

Go Ahead London

BEING  
CAN-DO

# Many steps IN THE RIGHT DIRECTION

**A desire to show appreciation for the medical staff at King's College Hospital inspired Stockwell Garage driver Danny Stopher to take up a fundraising walking challenge during the summer.**

Danny, who suffered severe injuries following a road traffic collision in 2019, took up the 'King's Step Challenge' in July to raise money for the hospital. The original challenge tasked Danny with walking 300,000 steps in 31 days, but Danny went many steps further, completing an incredible total of 545,863 steps over the month (approximately 259 miles).



**DANNY STOPHER**  
DRIVER

Completing the challenge involved a lot of walking each and every day, including walking from his home in

West Norwood to Stockwell Garage and even from Victoria back to West Norwood. In one day in August Danny walked a total of 16 miles.

An added benefit of the walking saw Danny losing a significant amount of weight and feeling much fitter, with improved mental health.

Danny expressed gratitude for the for the donations received from colleagues

and said, I would encourage colleagues to walk as much as possible, every little counts and each step will help improve your health and wellbeing."

Thank you for reading our Autumn 2022 issue.

*The Communications Team*

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*If you would like to provide  
feedback or suggest an article for the  
**Winter 2022** issue please email:*

**bustalk@goaheadlondon.com**

